## THE ANNUNCIATION

March/April 2019 - Volume 35 - Issue 2

#### "But who do you say that I am?"

This is Jesus' question to Peter as recorded in Mt. 16:15. His response is of utmost significance as it is asked of each and every one of us. Peter responds, "You are the Christ, the Son of the living God." This is the only response that matters - Jesus answered and said to him, "Blessed are you, Simon Bar-Jonah, for flesh and blood has not revealed this to you, but My Father who is in heaven. And I also say to you that you are Peter, "The divine grace, which always heals that which and on this rock I will build My church, and the is infirm and completes that which is lacking, gates of Hades shall not prevail against it."

Notice the "cause and effect" here. Jesus asks us who He is and our response of faith results in our personal redemption, but more importantly the and that they may abundantly." (John 10:10)

in this life, the Church will prevail. With utmost certainty, the Lord will provide for His Church. How? Through you and me, the people of God But there is one more feature of the ordination worshipping the Triune God through sacramental life. We gather every Sunday to celebrate in the Divine Liturgy, rejoicing in the Resurrection of the Son of God. But obviously this doesn't happen in a vacuum. While Jesus is the only True High Priest, He has left us a "blueprint" for maintaining and growing the Church. It is called Apostolic Succession and, on keeping the faith and proclaiming, "You are the March 9 and 10, we will have the unique opportunity to invoke the grace of God upon His

servant Peter Dogias, who will be ordained to the Holy Diaconate and Holy Priesthood. Jesus asked him, "Who do you say that I am?" Peter Dogias, in the year 2019, answers just like Father Demetrius of blessed memory did in 1963 and Peter the Apostle did in the year 30. Peter will stand before the Altar and with the laying on of hands, hear the following prayer by the ordaining hierarch:

ordains the most devout Deacon Peter to the office of Priest. Let us, therefore, pray for him, that the grace of the All-Holy Spirit may come upon him."

building of His church, the ark of our salvation In one sense he will be set apart as an ordained until His return. It is through the Church that we clergyman, but he still one of us. In fact, the word are sanctified and live here and now Jesus' clergy comes from the Greek kleros (κλήρος), a promise: "I have come that they may have life, derivation of κληρονομιά, which means heritage have it more or inheritance. So the clergy of the Church are our inheritance and now set apart for a special liturgical function, primarily to offer Notice also Jesus' assurance that despite any trials Bloodless Sacrifice for the sanctification of the people.

(λαός). As Orthodox Christians, we have received that demands our attention. After the consecration the Sacred Tradition founded on the faith of Peter of the Eucharist, the bishop places the body of and the Apostles. We live this Tradition by Christ into the new priest's hands with the the following admonition:

"Receive this Divine Trust (παρακαταθήκη), and central mystery of our faith, the Death and guard it until the Second Coming of our Lord Jesus Christ, at which time He will demand it from you."

> The newly ordained now goes forward to serve the people of God with fear and trembling, Christ, the Son of living God."

> > (Continued on page 2)

#### GREEK ORTHODOX CHURCH OF THE ANNUNCIATION

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#### **OFFICE HOURS**

MONDAY - FRIDAY 9:00 a.m. to 4:30 p.m. (Continued from page 1)

We the faithful of Annunciation look forward to this most auspicious and sacred day. Please join me and our entire church family as we proclaim Peter Dogias, by God's grace "AXIOS!"

With love in the Risen Lord,

Father James

#### Message From the Parish Council President

Dear Annunciation Parishioners,

First, I would like to thank Dr. Nicholas Rotas for his service as president of our parish council for 2018. Nick's many contributions and initiatives will continue to be felt into the future. I am most grateful.

retiring members Nitsa Dariotis and Sam Manolakas for their 14 plus years on the parish welcome council and Chris members newest Georgoulias and Milton Apostolidis. They will most certainly bring many talents to the council.

2018 was a great year for our parish as we exceeded our established stewardship goal by \$34,189.45 making for a total of \$544,189.45 received. who thank everyone contributed.

Our Greek Festival reached our largest profit of \$282,212.43 ever. It's such a blessing having the festival back on our church campus, sharing our culture with the community at large.

On December 31st, our parish was able to make a large pay-

down toward the building loan of \$727,000 which brought the balance owed to \$3,404,763.44 which essentially reduces our payment to \$18,827.65 month, a reduction of \$4000. If you have not given to the building fund, please consider doing so now. Our goal as a I would also like to thank parish is to be debt free and no amount given is too little!

> We were also able to pay back the Legatos Fund \$72,000 for the church roof and increase the reserve fund account balance over \$320,000.

> youth ministries Our thriving with 110 students in the Greek School program. There are 100 youth in our dance ministry and students in our Sunday School. Many thanks to all of the teachers and parent volunteers who labor and care for our children.

> Thank you for the honor and opportunity to serve this parish for so many years. May God bless you and your families.

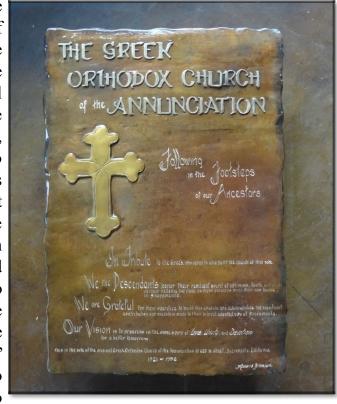
Sincerely In Christ, Michael Dariotis Jr. Parish Council President

#### **ANNUNCIATION SENIOR LEAGUE**

There are many organizations and ministries in our parish whose focus and purpose is well defined, be they adult or youth oriented. That's well and good and we are fortunate to have such a variety of groups from which to choose. ASL, however, is special in that its purpose is fellowship and companionship within an age group that has experienced life in all of its many stages. So, don't be shy! Take the opportunity to leave your comfort zone, eat a delicious lunch, be entertained by a lively program, and visit with fellow parishioners you haven't seen for a while. Mark your calendar for March 7th and April 4th when we'll learn about transportation options and Para-Transit and be entertained by jazz musicians. On May 7th, our spring excursion will take us to UC Davis and a visit to the Bohart Museum of Entomology and the Museum of Wild Life and Fish Biology, then off to lunch at the popular Greek restaurant, the Symposium. For more information, call Georgia Econome at 916-442-4125 or e-mail gke21@aol.com.

### Our next luncheon will be on March 7th at 11:00 a.m.at our Annunciation Hellenic Center.

**Monument Update**. As reported in the last issue of the Annunciation Observer, the bronze casting of the model of the church, the relief plaque, and the six footsteps has been completed and we are waiting for the contractor to construct the pedestal portion of the monument. Pictured here is the bronze relief plaque that explains the monument, and the committee thought the parish would like to get a sneak preview of at least one piece of this exciting project. Our tentative dedication date is set for Sunday, May 19, 2019, after Liturgy, at the site on N Street. An additional bronze plaque with names of all of the donors, both individuals and organizations, is also being prepared. It's not too late to have your name listed if you would like to be included; send your contribution directly to the church office and specify "Monument Project." The committee is grateful to all of you who given to the historic endeavor and ASL is looking forward to



Annunciation's Centennial celebration of which this monument will be a part.

SAVE THE DATE: Sunday, May 19th, 1:00 p.m. for the dedication.

## GREAT LENT LITURGICAL SCHEDULE

In preparation for Great Lent, we will remember those who have departed this life with the Divine Liturgy and memorial prayers – called Saturday of the Souls. Please bring a list of the names of those who have fallen asleep in the Lord and Koliva if you wish.

First Saturday of the Souls, March 2<sup>nd</sup> -9:00 am Orthros 10:00 am Divine Liturgy
Second Saturday of the Souls, March 9<sup>th</sup> -8:30 am Hierarchical Orthros and Divine Liturgy
Peter Dogias's Ordination to the Holy Diaconate

Third Saturday of the Souls, March 16<sup>th</sup> – 9:00 am Orthros 10:00 am Divine Liturgy

Great Lent calls us to prepare for the Resurrection of our Lord, God, and Savior, Jesus Christ. During this time, the Church Fathers have prescribed for us many beautiful and unique Church services; The Great Compline, the Presanctified Liturgy, and the Salutations to the Theotokos (Χαιρετισμοί).

Please join us during Great Lent for these services:

Great Compline | Mondays 6:00 pm Presanctified Liturgy | Wednesdays 6:00 pm Salutations to the Theotokos (Χαιρετισμοί) | Fridays 7:00 pm

Every Wednesday evening, following the Presanctified Liturgy, we will have a Lenten meal and fellowship hosted by our ministries:

March 13<sup>th</sup> – Philoptochos

March 20<sup>th</sup> – Choir

March 27<sup>th</sup> – Sunday School

April 3<sup>rd</sup> – DSG

April 17<sup>th</sup> – Greek School

April  $10^{th}$  – ASL

During Great Lent we will celebrate the feast of the Annunciation – to which our church is dedicated:

Great Vespers for the Feast of the Annunciation | Sunday, March 24<sup>th</sup> – 6:00 pm Divine Liturgy Feast of the Annunciation | Monday, March 25<sup>th</sup> – 9:00 am Orthros 10:00 am Divine Liturgy

#### HOLY WEEK AND PASCHA LITURGICAL SCHEDULE

We arrive at Holy Week and we are called to gather daily at the church to walk with Christ into Jerusalem, to the Mystical Supper, to His betrayal, passion, and crucifixion, and finally, His glorious Resurrection.

#### Saturday of Lazarus | April 20th

Orthros and Divine Liturgy 9:00 am/10:00 am – Folding palm crosses after church

#### Palm Sunday | April 21st

Orthros and Divine Liturgy – 9:00 am/10:00 am Service of the Bridegroom – 7:00 pm

#### Holy Monday | April 22<sup>nd</sup>

Service of the Bridegroom – 7:00 pm

#### Holy Tuesday | April 23rd

Presanctified Liturgy – 9:00 am Service of the Bridegroom – 7:00 pm

#### Holy Wednesday | April 24th

Holy Unction – 4:00 pm Matins of the Mystical Supper – 7:00 pm

#### Holy Thursday | April 25th

Vesperal Divine Liturgy of the Mystical Supper – 10:00 am The Passion of Christ and the Procession of the Cross – 7:00 pm

#### Holy and Great Friday | April 26th

Royal Hours -9:00 am - Decorating the Kouvouklion following Royal Hours Jr. Goya & Goya Holy Friday Retreat -12:00 pm -3:00 pm Descent from the Cross -3:00 pm Service of the Lamentations -7:00 pm

#### Holy Saturday | April 27th

Vesperal Divine Liturgy Announcing the Resurrection – 9:00 am

#### The Resurrection of our Lord and Savior Jesus Christ – Great and Holy Pascha Orthros and Divine Liturgy of the Resurrection – 11:00 pm

Pascha Sunday | April 27<sup>th</sup> Agape Vespers – 12:00 pm

#### PARISH LIBRARY

#### By Terry Kastanis

Leo Sampanis, (of recent memory) father of Maria Eriksson and wife of Katherine, collected Sunday Bulletins for many, many, years. Thanks to the Sampanis gift of these archives, the Parish Library now has a continuous run dating back to December 20, 1970. Here are a few of the historical notes from that collection:

HOLIDAY GREETING FROM LONDON – former Pastor Fr. Parthenios Kirtmitsis through a Christmas greeting to Fr. Raptis, extends to all, his wishes for a Merry Christmas.

GREEK SCHOOL – Parishioners are reminded to enroll their children for afternoon Greek classes resuming in January, 1971, to be taught by Mrs. Fotini Kontes.

ALBUM COMMITTEE – According to chairman Cosmas Alliapoulos, there is still time to participate in the Golden Anniversary Album.

SHUT-INS – Pres. Sophia Evrigenis, Carolyn Liviakis, Eftihia Triphon and Mary Vassilakis of our Philoptochos Society have prepared gifts and Christmas Baskets for those in Convalescent homes. They accompanied Fr. Raptis last Friday in visiting them with Holy Communion and gifts.

A total of 21 were visited in 11 institutions.

As we approach our 100th year, memories begin to fade, newsprint turns brittle, and we begin to lose our history. If you have a document or photograph that you think is representative of our past history, think about sharing it with your parish library.

#### **DSG**

Thank you to all of the dancers and families who made the trip to FDF in Ontario. Sacramento should be very proud of the great performances by Ta Zouzounakia, Nea Genia, Hara, and T'Adelphia!

Ta Zouzounakia – Division III Participation Award Nea Genia – Third Place Hara – Costume Award, Division II Sweepstakes T'Adelphia - First Place



In addition to dancing awards, Sofia Delis and Sophia Pantis received FDF Scholarships for their academic studies.

Over the years, FDF has evolved to include more than just dancing and singing. This year at FDF 2019, we accomplished:

Packaging 45,000 meals for homeless in the Ontario, Ca. Area

Raising \$25,000 for the St. Jude Hospital in Memphis, Tn in honor of Sophia, a young girl from the St. Nicholas Greek Orthodox Church in Northridge, and Kiki from the St. John the Baptist Greek Orthodox Church in Anaheim who are both participants at FDF and battling cancer

Raising \$10,000 for Hellenic College Holy Cross Greek Orthodox School of Theology in Brookline, Ma.

There are four DSG Board positions available for the 2019-2020 season. We will be taking online nominations from March 4 - 18. Please look for the nomination form link in the weekly emails. We will hold elections during coffee hour on March 24.

#### PASTORAL ASSISTANT UPDATE

Dear Annunciation Families,

Congratulations to all of our dancers and directors for an amazing year of Greek folk dancing and fellowship! While we are taking a break from dancing during Great Lent, our ministries certainly are not! Please join us during the next two months for:

The St. John Chrysostom Oratorical Festival – March 3<sup>rd</sup>
Moms 'n Tots – March 16<sup>th</sup> & April 20<sup>th</sup>
Folding palm crosses for Palm Sunday – April 20<sup>th</sup>
Jr. Goya & Goya Good Friday retreat and discussion – April 26<sup>th</sup>

During Great Lent we have many beautiful services. From reading the psalms and prayers to chanting the hymns, we need your help! Interested in joining Dusan and Yianni at the chant stand? Please contact Yianni (Magoulias@AnnunciationSac.org), no prior musical experience is required!

Please follow us on social media! You can find events and information on our Facebook page (just search Annunciation Greek Orthodox Church Sacramento). Please also search Facebook for the Annunciation Bookstore, the Sacramento Greek Festival, the Hellenic Golf Classic, and the Annunciation Sacramento Greek Dance Ministry for more specific updates and information about those ministries. You can also find us on Instagram, Twitter, and YouTube by searching 'AnnuncationSac'. There you will find daily lives of the Saints, motivational quotes from the Fathers of the Church, and an interactive 'Ask Yianni' every Wednesday!

Faithfully yours in Christ,

Efstratios "Yianni" Magoulias Pastoral Assistant Ph. (916) 443-2033; ext. 231

#### **GREEK SCHOOL**

#### THREE HIERARCHS COMPETITION 2019

«Τῶν ἀγαθῶν ἀνδρῶν πράξεις ἢ λόγους ...ἀγαπᾶν τε καὶ ζηλοῦν, καὶ ὅτι μάλιστα πειρᾶσθαι τοιούτους εἶναι»

«Νὰ δέχεστε τις πράξεις ή τα λόγια των καλῶν ἀνθρώπων μὲ ἀγάπη, νὰ κοιτᾶτε νὰ τοὺς μιμηθῆτε και νὰ τοὺς μοιάσετε, ὅσο μπορεῖτε»

"The words and deeds of good men, you should both love and imitate them, earnestly following such conduct"

This year, the Greek Orthodox Metropolis of San Francisco sponsored a competition for members of all the Greek school programs. The Hellenic Education and Cultural Committee (HECC) oversaw the organization of the competition and, this year, the awards ceremony was held at Holy Cross Church in Belmont.

The theme for this year's competition was taken from Saint Basil the Great: "The words and deeds of good men, you should both love and imitate them, earnestly following such conduct." There were five categories in the competition: 1) writing, 2) music, 3) film, 4) photography, and 5) painting/arts and crafts/sculpture. The various categories ensured that students of all ages could participate in the competition. Submissions were received from parishes in Los Angeles, Oakland, Belmont, San Jose, and Sacramento. The judges were prominent professors from UC Berkeley and UC Davis. Twelve awards were given for the various categories, and six of these were given to our Sacramento Greek School Program.

Sacramento received first place in writing, music, film, and photography, while also getting second place in writing and photography. Both Evridiki Vougiouka and Vassiliki Kokkini received top prize for their writing pieces — one prose and the other poetry - and the judges were very impressed with their submissions:

(Continued on page 10)

#### Evridiki:

Οι καλοί άνθρωποι είναι αυτοί που θέλουν και προσπαθούν να κάνουν τον κόσμο ένα καλύτερο μέρος. Χρησιμοποιούν τα ταλέντα και τη γνώση τους για να βοηθήσουν τους γύρω τους. 'Οταν στοχεύεις να γίνεις σαν κι΄ αυτούς, βοηθάς αυτούς γύρω σου να γίνουν καλύτεροι άνθρωποι. Έτσι, μιμείσαι τις καλές πράξεις των καλών και σοφών ανθρώπων, και δείχνεις ότι νοιάζεσαι για τα λόγια τους. Όταν δείχνεις καλοσύνη, αγάπη, και σοφία στους γύρω σου, γίνεσαι παράδειγμα προς μίμηση.

Όμως, η αλήθεια είναι, ότι στον τωρινό κόσμο, οι νέοι άνθρωποι δυσκολεύονται να βρουν ένα καλό παράδειγμα να ακολουθήσουν. Το διαδίκτυο και η τηλεόραση δείχνουν διασημότητες, όπως μοντέλα, τραγουδιστές, και ηθοποιούς. Όταν βλέπεις αυτά τα παραδείγματα, δυσκολεύεσαι να βρεις ένα καλό, αυθεντικό παράδειγμα ανθρωπιάς και αγάπης. Το μόνο που βλέπουμε, όμως, είναι το πώς ντύνονται και φαίνονται αυτές οι διασημότητες.

Εγώ, που μεγαλώνω στην Αμερική αλλά είμαι από την Ελλάδα, είναι δύσκολο να βρω ένα καλό παράδειγμα συμπεριφοράς στην τηλεόραση ή στο διαδίκτυο, ενώ είναι εύκολο να βρω παραδείγματα «επιτυχίας» τριγύρω μου. Για να βρω παραδείγματα αγάπης και σοφίας πρέπει να ψάξω αλλού. Τα λόγια και οι πράξεις των Τριών Ιεραρχών είναι πολύ καλό παράδειγμα για εμένα και για όλους όσους θέλουν να μιμηθούν τις πράξεις και τα λόγια των καλών ανθρώπων.

#### Vassiliki:

Ο Άνθρωπος Αφελής και Νέος

Ο άνθρωπος αφελής και νέος αν αισθάνεται φόβο και δέος; Να σέβεται και να αγαπάει πέρα απ' το Θεό να μην πάει.

Ο άνθρωπος αφελής και νέος για να νιώθει πάντα βέβαιος; Στους γονείς να δείχνει υπακοή για να τον βοηθήσουν στην ζωή.

inued on page 11)

The music submission was organized by Dr. Eleftheria Arapoglou and Orestis Koletsos for their Wednesday evening Ellinomatheia classes. The title of their song was "Των αγαθών ανδρών" and received first place. The song can be heard on the Greek school website (www.greekschoolannunciation.org).

The video submission was overseen by Grammatoula Zioga-Delis in her A2 Thursday evening class and also received first place. This was a very competitive category and we are pleased to see that she received top honors for the video. The video can been seen on the Greek school website. The photography submissions were also successful. Dr. Katerina Lagos' A1 class on Wednesday received first place for their photo:



(Continued on page 12)

The second place award for photography was given to Vassiliki Kotsiopoulou's Al class on Thursday evening. All of the students showed great creativity in interpreting the theme of the competition:



Congratulations to all of the students in the Greek School Program for their success in the Three Hierarchs Competition! The Greek School Program has been enjoying a successful year and the number of awards given to the classes and individual students highlight student success. As well, the program was officially designated as an Ellinomatheia testing center and it is with great pleasure that we welcome individuals from all over the northern California region to come and take the modern Greek language proficiency exams (A1, A2, B1, B2, Γ1, Γ2) in the Hellenic Hall of the Annunciation Church. For anyone interested in registering for the exam, please contact Dr. Katerina Lagos at klagos@csus.edu.

On behalf of the entire Greek School Program administration, it is a joy to see our children continue to achieve success!



#### By the Grace of God And in accordance with the Apostolic Tradition Of the Holy Orthodox Christian Church The servant of God

#### Panagiotis Dogias

Will be ordained to Holy Diaconate Through the laying on of hands and invocation of the Holy Spirit by

## Hís Emínence Metropolitan Gerasímos of San Francisco

On Saturday, March 9, 2019 and To the Holy Priesthood On Sunday, March 10, 2019

Annunciation Greek Orthodox Church Sacramento, California 95816 Orthros and Hierarchical Divine Liturgy 8:30 a.m.

Your presence and prayers are humbly requested.

Luncheon reception in honor of Reverend Panagioti will
follow on Sunday. Reservations required.

Please contact Bessie Papailias for Sunday luncheon reservations at 916-802-1195 or DogiasOrdination@gmail.com

Please note seating is limited





# March 2019

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## April 2019

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راح حرائ	المراك مراك	23 23	چ <del>رک</del> ایک	الم الم	26 × 25	27 مرازا
Palm Sunday 9:00 am Orthros 10:00 am Divine Liturgy 7:00 pm Service of the Bridegroom	Holy Monday 7:00 pm Service of the Bridegroom	Holy Tuesday 9:00 am Presanctified Liturgy 7:00 pm Service of the Bridegroom	Holy Wednesday Dying Red Paschal Eggs 4:00 pm Holy Unction 7:00 pm Matins of the Mystical Supper	Holy Thursday 10:00 am Vesperal Divine Liturgy: Mystical Supper 7:00 pm The Passion of Christ and the Procession of the Cross	Holy and Great Friday 9:00 am Royal Hours 3:00 pm Descent from the Cross 7:00 pm Service of the Lamentations	Holy Saturday 9:00 am Vesperal Divine Liturgy 11:00 pm Vigil Orthros and Divine Liturgy for the Resurrection of Jesus Christ
Great and Holy Pascha Xpioròς Avέστη! Christ is Risen! 12:00 pm Agape Vespers	Bright Monday Office Closed	30				





#### HOLY FRIDAY LUMINARIES

Let's light our path around the church with the names of our loved ones who have passed and our wishes for the health of our family and friends.

Personalized, candle-lit bags (luminaries) will be lined around the plateia, along the path of the Kouvouklion, during Holy and Great Friday. A label will be placed on the luminary, with the name of the person you would like to recognize.

If you would like to honor a family member or friend in this way, please visit the table after Divine Liturgy any Sunday during Great Lent (concluding on Palm Sunday) in the Annunciation Hellenic Center.

Your Name:
Your E-Mail Address:
Please select: In Memory Of or For the Health Of
Name of Honoree:

Your \$10.00 donation per luminary helps support our growing dance ministry



## START WRITING YOUR SPEECH TODAY!

#### Parish Level Festival -March 3rd

Contact your Sunday School teacher or Andonia Cakouros (cakouros@icloud.com)

## Annunciation Family Camp

Join your church family for a Lenten weekend of fellowship and quiet in the beautiful Sierra foothills

April 5-7 @ St. Nicholas Ranch

#### Cost:

\$125 per person (double occupancy) \$70 per child if in the same room as their parents \$230 for a single room

Includes lodging for two nights in private lodge rooms and all meals Please register on CCB

Questions? Please contact Yianni Magoulias (Magoulias@AnnunciationSac.org)

## ANNUNCIATION LENTEN RETREAT

Join your church family for a Lenten day retreat hosted by our Philoptochos Society

April 13 @ Annunciation Sacramento

#### Living the Liturgy:

Understanding the Service of Preparation The Liturgy of the Word & The Liturgy of the Faithful

> Presentations by: Fr. James Retelas Fr. Timothy Robinson Efstratios "Yianni" Magoulias

Questions? Please contact Yianni Magoulias (Magoulias@AnnunciationSac.org)



## MOMS 'N TOTS

SATURDAY MARCH 16TH (SATURDAY OF THE SOULS) SATURDAY APRIL 20TH (SATURDAY OF LAZARUS 11:30 AM - 12:30 PM ANNUNCIATION HELLENIC CENTER

FOR MORE INFORMATION, PLEASE CONTACT: LINDSEY KIVETOS (LFKIVETOS@GMAIL.COM) KOULA FOTOPOULOS (KGIANULIAS@HOTMAIL.COM) MARINA PODOREANU (MPODOREANULCSW@GMAIL.COM) This winter members of our Annunciation family had the opportunity to go on a pilgrimage to the Holy Land, guided by Fr. Jon Magoulias of the Annunciation Modesto, they so graciously shared their picture with our community.



The Families that participated in this Holy Land Pilgrimage from our parish:

Nick and Bernadette Kontos Art and Terre Terzakis Tyke and Dena Kuchulis Doug and Donna Wagner Tim and Effie Crush



#### Prosfora Offering & Recipe



Every Divine Liturgy, the priest uses a special bread, called Prosforo, to prepare the Holy Eucharist. During the Service of Proskomidi, or preparation (which takes place during the *orthros* service), the priest cuts the bread in a special way and prays to God, the Theotokos, the saints, the prophets, and the angels for their prayers and intercessions...

The priest also prays for all those living and those who have departed this life. Following the Divine Liturgy, the remainder is handed out to all the people. This bread is a beautiful offering by an individual or a family.

The Church is always in need of Prosfora!

Please contact the Church Office to schedule a time to bring Prosfora.

Please bring a list of names for the priest to commemorate during Proskomidi;

put the baptismal/first names of the living in one column and the baptismal/first names of those

who have departed this life in another column.

Prosfora Recipe

1-1/2 cup of very warm water

4 cups flour

1 teaspoon salt

1 package dry yeast

 $H \Sigma φ ο α γίδα ("the seal")$  If you do not have a seal, you may purchase from our Annunciation Bookstore.

Mix dry ingredients together. Add water slowly, mixing well until a dough is formed. Knead; form into a ball with a very smooth surface (the dough should not be sticky). Cover and let the dough rise until it doubles in size; then knead again. Put in a round cake pan that has been floured only (do not grease the pan). Dip the seal in flour and stamp your bread. Press hard for a minute or so and leave stamp on bread until it is read to bake. Bake at 350 degrees F for 1 hour. The bread should be firm and crusty, but the crust should not be too hard.

Poke holes with a toothpick to get any air bubbles out of your dough. Before baking, make the sign of the cross over the bread and say the "Lord's Prayer" and/or a short prayer for those for whom you are baking the bread.

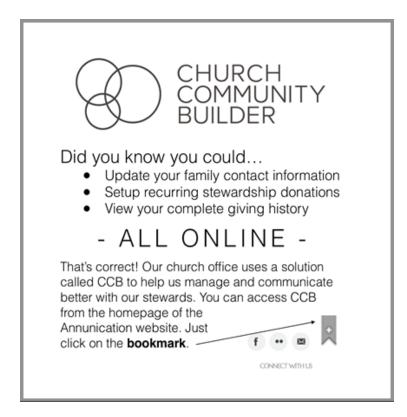
#### Kosta Mavroforakis



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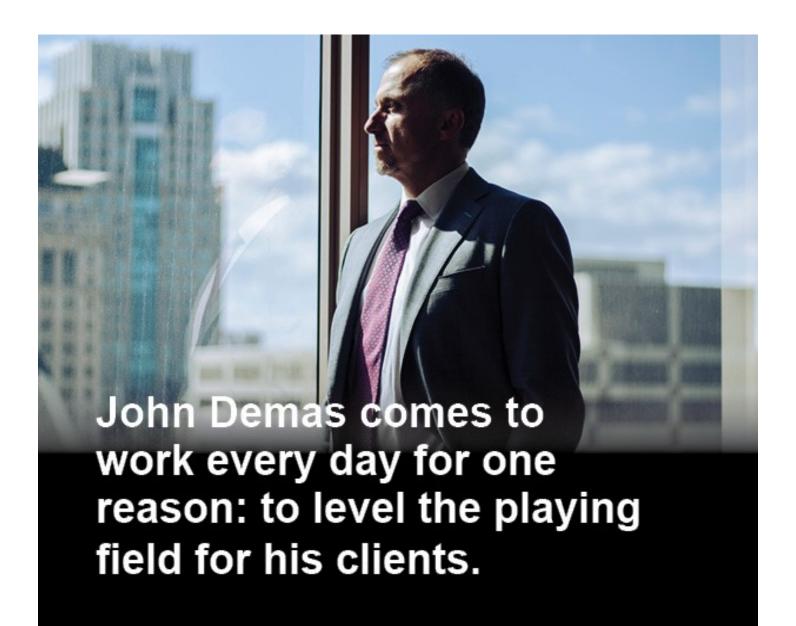




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#### APOLYTIKION OF ANNUNCIATION OF THE THEOTOKOS

Σήμερον τῆς σωτηρίας ἡμῶν τὸ Κεφάλαιον, καὶ τοῦ ἀπ' αἰῶνος Μυστηρίου ἡ φανέρωσις, ὁ Υίὸς τοῦ Θεοῦ, Υίὸς τῆς Παρθένου γίνεται, καὶ Γαβριὴλ τὴν χάριν εὐαγγελίζεται. Διὸ καὶ ἡμεῖς σὺν αὐτῷ τὴ Θεοτόκω βοήσωμεν Χαῖρε Κεχαριτωμένη, ὁ Κύριος μετὰ σοῦ.

Today marks the crowning of our salvation and the revelation of the mystery before all ages. For the Son of God becomes the son of the Virgin, and Gabriel proclaims the grace. Wherefore, we also cry out with him, "Hail, O full of grace, the Lord is with you."