

## THEOLO-TWEET

Written by Yianni Magoulias

With the New Year comes New Year's resolutions; people posting, "New Year, New Me". But does anything change? On January 2nd, the gym is full, but a week later its empty again. It's psychologically proven that resolutions don't work. When we make New Year's resolutions, our goals aren't clear, we are overwhelmed, and we are quickly discouraged by the lack of results. This isn't a negative article, I promise...

So how do we as Christians get better? We can say to ourselves, "I'm going to pray more in the New Year," or, "I'm going to go to church more," but there is a problem with this.

The problem is, are we ready to change? Being a Christian means taking a good look at ourselves; looking internally at what we want and who we want to be. Do we really believe? Do we really try? The first step at resolving to be a better Christian is analyzing ourselves. Once we look into our heart and soul we begin to make a real change. We should ask ourselves the questions that are lingering in our hearts, but that we rarely ask, "Where do I see myself in five years," "What does all this mean," "Is it real," "Is this the person who I want to be". Once we begin to explore these questions, we can take action towards what we want to achieve. If we truly do believe, and we truly do want to become better Christians, all that is left is to give ourselves to Christ.

#### New Year NEW YOU





## GOYA MEETINGS

NOON (AFTER SUNDAY SCHOOL) FIRST FLOOR CONFERENCE ROOM

JANUARY 13TH FEBRUARY 3RD





January 26th

Join Yianni Magoulias for an evening of s'mores and a discussion about our Faith



# START WRITING YOUR SPEECH TODAY!

Prizes for all participants!

Contact your Sunday School teacher or Andonia Cakouros (cakouros@icloud.com)



@ANNUNCIATIONSAC





DAILY LIVES

#### GREEK DANCE PRACTICE SCHEDULE



SUNDAY Ta Zouzounakia - 12:15 Filarakia - 12:15 Hara - 12:30 Nea Genia - 1:00 T'Adelphia - 3:00

TUESDAY Nea Genia - 5:30 Hara - 5:30 T'Adelphia - 7:00





#### DANCE PREVIEW SUNDAY

ANNUNCIATION HELLENIC CENTER

We invite you to our annual Dance Preview Sunday! Following the Divine Liturgy, our dance groups will be performing dances from around Greece.

SUNDAY JANUARY 13TH, 1:00 PM

## Super Bowl Party - Feb. 3rd

**Interested? Contact Yianni Magoulias** 



# Flag Raising Ceremony

Alexander Sampanis Eriksson has finished his Eagle Scout project—Installation of new flag poles in front of our church. Alexander is son of Dan Eriksson and Dr. Maria Sampanis and is a senior at Rio Americano High School.

He is a member of Boy Scout Troop 53 located in Arden Arcade Area. He picked this flagpole project to "give back" the the church he feels has given him so much.

Eagle Scout is the highest achievement rank attainable in the Boy Scouting program of the the Boy Scouts of America. Only 4% of Boy Scouts are granted this rank after a lengthy review process. Alex had to plan, fundraise, and execute this project.

Congratulations Alex for this achievement and for helping to beautify our community!

Please join us after Liturgy on 2/3/19 for a brief flag raising ceremony.