



GREEK ORTHODOX CHURCH
ANNUNCIATION
SACRAMENTO, CALIFORNIA



SUNDAY OF THE SEVENTH
ECUMENICAL COUNCIL
OCTOBER 13, 2024

Sunday of the Seventh Ecumenical Council

October 13, 2024

Grave Mode | No Fasting | 5th Morning Gospel

This Lord's Day we remember the 7th Ecumenical Council of the Holy Church (787 AD); we also remember Carpus, Papyrus, Agathodorus, & Agathonica, the Martyrs of Pergamus; Benjamin the Deacon; Chryssi the New Martyr of Greece; Meletios of Pegas, Patriarch of Alexandria; Florentios the Martyr of Thessaloniki; and Hieromartyr Jacob of Hamatoura.

Antiphon I. Mode 2. Psalm 103.

Verse 1: Bless the Lord, O my soul, and everything within me, bless His holy name.

Refrain: Through the intercessions of the Theotokos, Savior, save us.

Verse 2: Bless the Lord, O my soul, and forget not all His rewards.

Ταῖς πρεσβείαις τῆς Θεοτόκου, Σῶτερ, σῶσον ἡμᾶς.

Verse 3: The Lord prepared His throne in heaven, and His Kingdom rules over all.

Through the intercessions of the Theotokos, Savior, save us.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Through the intercessions of the Theotokos, Savior, save us.

Antiphon II. Mode 2. Psalm 146.

Verse 1: Praise the Lord, O my soul! I shall praise the Lord while I live; I shall sing to my God as long as I exist.

Refrain: Save us, O Son of God, risen from the dead. We sing to You, Alleluia.

Verse 2: Blessed is he whose help is the God of Jacob; his hope is in the Lord his God.

Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἀναστὰς ἐκ νεκρῶν, ψάλλοντάς σοι, Ἀλληλούϊα.

Verse 3: The Lord shall reign forever; your God, O Zion, to all generations.

Save us, O Son of God, risen from the dead. We sing to You, Alleluia.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Only begotten Son and Word of God....

Antiphon III. Resurrection Apolytikion. Grave Mode.

Κατέλυσας τῷ Σταυρῷ σου τὸν θάνατον, ἠνέωξας τῷ Ληστῇ τὸν Παράδεισον, τῶν Μυροφόρων τὸν θρήνον μετέβαλες, καὶ τοῖς σοῖς Ἀποστόλοις κηρύττειν ἐπέταξας· ὅτι ἀνέστης Χριστέ ὁ Θεός, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

By means of Your Cross, O Lord, You abolished death. To the robber You opened Paradise. The lamentation of the myrrh-bearing women You transformed, and You gave Your Apostles the order to proclaim to all that You had risen, O Christ our God, and granted the world Your great mercy.

Apolytikion for the Fathers, Mode Plagal 4: Ὑπερδεδοξασμένος εἶ, Χριστέ ὁ Θεὸς ἡμῶν, ὁ φωστῆρας ἐπὶ γῆς τοὺς Πατέρας ἡμῶν θεμελιώσας, καὶ δι' αὐτῶν πρὸς τὴν ἀληθινὴν πίστιν, πάντας ἡμᾶς ὀδηγήσας· πολυεύσπλαγχνε, δόξα σοι.

Supremely blessed are You, O Christ our God. You established the holy Fathers upon the earth as beacons, and through them You have guided us all to the true Faith, O greatly merciful One, glory be to You.

The Apolytikion of the Church, Mode 4: Σήμερον τῆς σωτηρίας ἡμῶν τὸ Κεφάλαιον, καὶ τοῦ ἀπ' αἰῶνος Μυστηρίου ἡ φανέρωσις, ὁ Υἱὸς τοῦ Θεοῦ, Υἱὸς τῆς Παρθένου γίνεται, καὶ Γαβριὴλ τὴν χάριν εὐαγγελίζεται. Διὸ καὶ ἡμεῖς σὺν αὐτῷ τῇ Θεοτόκῳ βοήσωμεν· Χαῖρε Κεχαριτωμένη, ὁ Κύριος μετὰ σοῦ.

Today is the crowning moment of our salvation, and the unfolding of the eternal mystery: the Son of God becomes the Son of the Virgin, and Gabriel brings the good tidings of grace. Therefore, with him let us also cry aloud to the Mother of God: Hail, full of grace! The Lord is with you.

Kontakion for the Theotokos, Mode 2: Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία, πρὸς τὸν Ποιητὴν ἀμετάθετε, μὴ παρίδης, ἁμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθὴ, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἱκεσίαν, ἡ προστατεύουσα ἀεὶ, Θεοτόκε, τῶν τιμώντων σε.

O Protection of Christians that never falls, intercession with the Creator that never fails, we sinners beg you, do not ignore the voices of our prayers. O good Lady, we implore you, quickly come unto our aid, when we cry out to you with faith. Hurry to intercession, and hasten to supplication, O Theotokos who protect now and ever those who honor you.

After the Trisagion Hymn:

Prokeimenon of the Apostle. Mode 4. The Prayer of Azariah.

Blessed are You, O Lord God of our fathers.

For You are righteous in all You did for us.

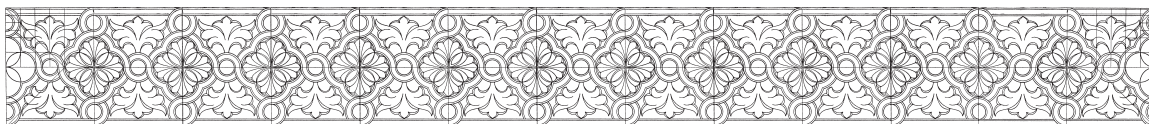
The reading is from the Apostle Paul's Letter to Titus (3:8-15): Titus, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned. When I send Artemas or Tychicos to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful. All who are with me send greeting to you. Greet those who love us in the faith. Grace be with you all. Amen.

Alleluia

The Gospel Reading is from Luke 8:5-15: The Lord said this parable: "A sower went out to sow his seed; and as he sowed, some fell along the path, and was trodden under foot, and the birds of the air devoured it. And some fell on the rock; and as it grew up, it withered away, because it had no moisture. And some fell among thorns; and the thorns grew with it and choked it. And

some fell into good soil and grew, and yielded a hundredfold." And when his disciples asked him what this parable meant, he said, "To you it has been given to know the secrets of the kingdom of God; but for others they are in parables, so that seeing they may not see, and hearing they may not understand. Now the parable is this: The seed is the word of God. The ones along the path are those who have heard; then the devil comes and takes away the word from their hearts, that they may not believe and be saved. And the ones on the rock are those who, when they hear the word, receive it with joy; but these have no root, they believe for a while and in time of temptation fall away. And as for what fell among the thorns, they are those who hear, but as they go on their way they are choked by the cares and riches and pleasures of life, and their fruit does not mature. And as for that in the good soil, they are those who, hearing the word, hold it fast in an honest and good heart, and bring forth fruit with patience." As he said these things, he cried out "He who has ears to hear, let him hear."

THE DIVINE LITURGY OF SAINT JOHN CHRYSOSTOM



Parish Council: Team B

Miltos Apostolidis – Team Leader, Nick Avdis, George Chuchas,
Michael Dariotis, Stella Dariotis, Maria Sampanis



Altar Guild

Merle Stathis & Sunday Balalis



Memorials

Evelyn (Evanthia) Rotas (40 days), Demosthenis Saris (one year),
Louis Christi (three years), Demetrius Bardis (75 years) & Akaterini Bardis (40 years)

Coffee Fellowship

Hosted by the Saris & Christi families

Publication Submission Deadlines

Sunday Bulletin - Wednesdays by 4pm to nhansen@annunciationsac.org
Limited to Annunciation parish and parochial ministry activities and announcements

This Week at Annunciation Email - Wednesdays by 4pm to nhansen@annunciationsac.org

Quarterly Observer - December 10th to observer@annunciationsac.org

Let us pray...

Let us pray every day for peace in our world: For peace in the Middle East and peace in Ukraine.

Let us pray for our country and our upcoming elections next month: For good leaders and for a peaceful transition of power.

Let us pray for God's mercy on all who are affected by Hurricane Milton.

Prayer in Time of Drought:

A Composition of Kallistos, Patriarch of Constantinople.

Let us pray to the Lord.

Lord, have mercy.

O MASTER, LORD OUR GOD, who didst hearken unto Elijah the Tishbite because of his zeal for thee, and for a time didst command that rain be held back and be not sent down upon the earth, and again at his prayer didst grant it fruitful rain: we entreat thee, O Master of all: out of thy deep compassion grant abundant rain to thine inheritance; and, overlooking our sins, do thou send down thy rains upon every place entreating and praying for it. Make glad the face of the earth, for the sake of thy poor people and infants, of animals and of all thy creatures, for they trust in thee, that thou wilt give them their food in due season. For thou art our God, the God who shows mercy and who saves, and unto thee do we send up glory: to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages.

Amen.

(2014-01-04). A Small Book of Needs (Kindle Locations 2979-2989). St. Tikhon's Monastery Press. Kindle Edition.



IOCC Update for Hurricanes Helene and Milton

IOCC is planning for both short-term and long-term responses to the havoc created by Hurricane Helene and Milton.

Any funds raised by every parish are helping IOCC to faster mobilize resources and be on the ground with Action Teams for cleanup and muckout interventions.

Currently, IOCC Action Team leaders have been deployed and are conducting initial assessments across the states of Florida, Georgia, North Carolina, South Carolina, and Tennessee, and potentially other states, access permitting.

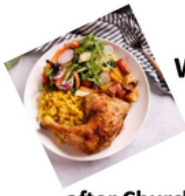
IOCC Frontliners have begun making Care Calls to parishes in the path of the hurricane to determine the needs and resources of individual parishes that will inform IOCC's medium and long-term response.

In the coming weeks, US Programs will start taking volunteers for clean-up/muckouts Action Teams. The initial teams will be formed with local volunteers from the above mentioned states. Later on, IOCC will call for volunteers from other states.

Parish members can contribute on the IOCC's donation page dedicated to Hurricane Helene, where they can also register for an IOCC Action Team. The page is www.iocc.org/helene24.



"To whom much is given, much will be required" (Luke 12:48)



Winner Winner Chicken Dinners

To Go!!

Today...

after Church Services in the Annunciation Hellenic Center

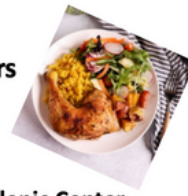
Roast Chicken, Vegetables, Rice and Salad - \$20.00

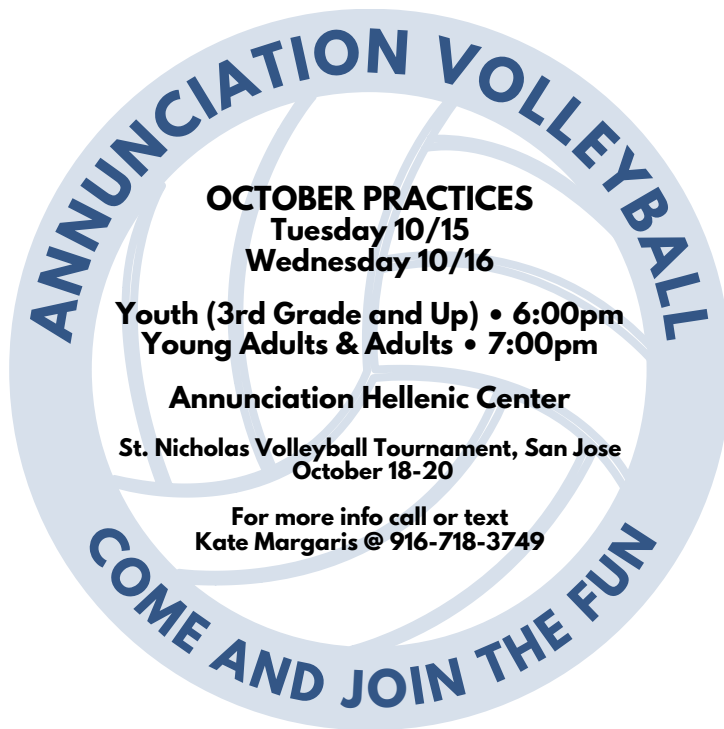
Eat it here or take it home...

**All proceeds will go to Hurricane Milton Relief
thru IOCC**

☺ Monetary donations of cash or check will not be rejected ☺

Thank you for your support!





OCTOBER PRACTICES

Tuesday 10/15

Wednesday 10/16

Youth (3rd Grade and Up) • 6:00pm
Young Adults & Adults • 7:00pm

Annunciation Hellenic Center

St. Nicholas Volleyball Tournament, San Jose
October 18-20

For more info call or text
Kate Margaritis @ 916-718-3749

A
JOURNEY
TO FULLNESS

AN INTRODUCTION TO THE FULLNESS OF THE ORIGINAL CHRISTIAN FAITH

Wednesdays
Beginning October 9
7:00 pm

Annunciation
Hellenic Center

All Welcome

Information: (916) 443-2033, ext. 221



GREEK ORTHODOX CHURCH
ANNUNCIATION
SACRAMENTO, CALIFORNIA

Founded Pentecost, 33 AD

JOIN OUR ANNUNCIATION FAMILY FOR A

*welcome
coffee fellowship*

HONORING FATHER VINCENT,
PRESBYTERA NADIA & FAMILY

SUNDAY, NOVEMBER 3

FOLLOWING THE DIVINE LITURGY

ANNUNCIATION HELLENIC CENTER



Save the Date

Join our Annunciation family as we honor
and celebrate the retirement of Father James Retelas

FAREWELL COFFEE FELLOWSHIP

Sunday, November 10, 2024

Additional details to follow



ANNUNCIATION GREEK ORTHODOX CHURCH OF SACRAMENTO
INVITES YOU TO

A Retirement Celebration

IN HONOR OF

Father James Petelas

SATURDAY *the* NINTH of NOVEMBER
two thousand twenty-four

VESPERS SERVICE
at five o'clock in the evening
Annunciation Greek Orthodox Church

CELEBRATION RECEPTION
Cocktail Hour at six o'clock in the evening
Dinner at seven o'clock in the evening
Annunciation Hellenic Center

Tickets \$75

Donations will be accepted in support of a charity of Father James' choice

Reservations are required by Sunday, October 27
to tiny.cc/father-james or the Annunciation Church Office





ANNUNCIATION SENIOR LEAGUE (ASL) FALL LUNCHEON

Thursday, October 24th, 2024 - 11:30AM to 1:30PM
OLD SPAGHETTI FACTORY - 1910 J St, Sacramento

SPECIAL GUEST: Fr. Vincent Minucci

PRICE: \$15 per person at the door

CONTACT: Diane Petersen (916) 214-4644

ANNUNCIATION HISTORICAL SOCIETY

Our Annunciation's HISTORICAL SOCIETY's mission is to preserve and celebrate the rich history and traditions of the Greeks in the Sacramento region. Our first project is writing a small book highlighting the Greeks in the greater Sacramento area. (Similar books have been written about the Greeks in Phoenix, San Francisco, and Chicago.)

Historical photographs are essential and we would appreciate your help in finding interesting pictures. Do you have any good pictures you think we could use? These could depict agriculture, formation of the parish, social events, business, politics, culture, art, celebrations, armed forces, social life and sports --- all focusing on the Greeks in and around Sacramento.

Please look through your old family photos. If you have any relevant photographs you'd like to share for possible inclusion in our book, please speak with any of the society's members or contact Bill Triphon at bttriphon@comcast.net.

Thank you.

Bill Triphon , Terry Kastanis, Jim Chuchas, Julie Mamalis,
Katerina Lagos, Maria Sampanis, and Antonia Chapralis





SUNDAY SCHOOL

Building a solid foundation for Christian education and formation

REGISTRATION STILL OPEN FOR THE 2024-2025 SCHOOL YEAR
REGISTER AT tiny.cc/sunday-school

NURSERY-5TH GRADE

Class begins at 10am.

MIDDLE SCHOOL & HIGH SCHOOL

Students attend the Divine Liturgy or assist our youth in class lessons and activities beginning at 10am. Middle School and High School lessons begin following Holy Communion.

Please contact sundayschool@annunciationsac.org with questions



ALTAR BOY REGISTRATION 2024-2025

2nd Grade and Up

Visit tiny.cc/altar2024

Please contact Gary Leonard with questions
garyleonard@hotmail.com



25% OFF ALL CHILDREN'S BOOKS

As we celebrate the ecclesiastic new year, all children's books will be 25% off! We have a wonderful selection so come on by after services and shop for your household or stock up for Christmas! Books are treasures and make the best gifts for everyone.

Here are a few of our favorites. All these books can be found in the middle section of the bookstore and they are many more on the cart outside the door:

Goodnight, Child of God is a bedtime book revealing the presence of the Kingdom of heaven all around us. The poetic text surrounds children as they drift to sleep, cradled in the peace and love of God.

Family Time contains a treasury of beautifully illustrated Bible stories and devotions to help adults and children explore together the narratives and teaching of God's word.

And Then Nicholas Sang: The Story of the Trisagion Hymn, with lyrical text and vivid watercolor illustrations brings fifth century Byzantium to life, showing children that they too can be used by God to bring blessings to all mankind.

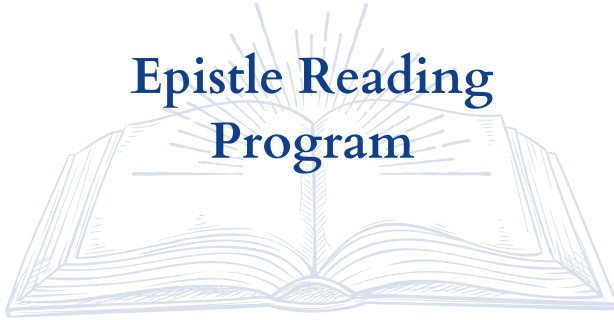
H is for Holy introduces young children to the Orthodox faith as they explore elements and practices found in the Orthodox Church.

STAY UP-TO-DATE ON UPCOMING SERVICES AND EVENTS WITH THE

Annunciation Parish Calendar

tiny.cc/parishcalendar

Epistle Reading Program



The Epistle Reading Program is open to our parish youth (ages 10+) and is a wonderful opportunity for our children to take part in the Divine Liturgy on Sundays, and serve our community!

Please register and select reading dates at the link below. A confirmation will be emailed, along with the reading(s) for the selected date(s). Assistance is available to prepare new readers. Readers are needed every Sunday.

Please contact Nicki Hansen at nhansen@annunciationsac.org with questions.

tiny.cc/epistlereaders

61ST ANNUAL



FESTIVAL UNDERWRITING

MAKE A DONATION
AT tiny.cc/festival-donations



Happening through December 4TH



THE FAMILY WELLNESS INITIATIVE (FWI) FALL PILOT PROGRAM

9 *weeks*

OCTOBER 7TH TO DECEMBER 4TH 2024

MONDAYS & WEDNESDAYS 9 AM-2:30 PM

Join us as we embrace healthy living and long term wellness. Enjoy walking together, chair exercises, balance classes, healthy lunches, games, and more!

Join anytime & invite a friend.



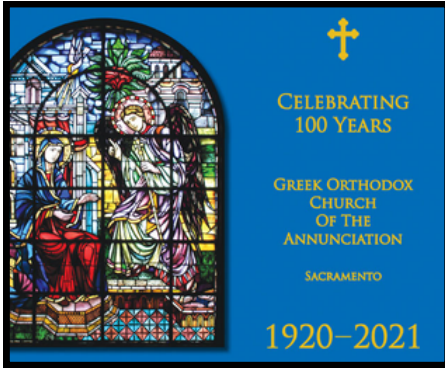
For More Information



Scan for Schedule

PROGRAM LOCATION: THE ANNUNCIATION HELLENIC CENTER

For more information contact Jim Kafouros: 916-531-7235



As a reminder,
our 100th Anniversary
Commemorative Album is
available for purchase in our
Annunciation Bookstore.



Coffee Hour Fellowship

The members of Philoptochos want to thank our parishioners who support us throughout the year by sponsoring Annunciation's Sunday coffee hours and bringing pastry and goodies to share. Your sponsorship and sharing promotes fellowship, and we are so grateful.

Please consider hosting a coffee hour anytime during the year! Cookies, fruit, or a cake would be great! Coffee will be made for you.

Contact Donna Wagner at 916-214-9794 to secure a date for hosting a regular coffee hour. When contacting Effie in the church office to schedule a memorial, please let her know if you also wish to host coffee fellowship. She can be reached in the office at 916-443-2033 ext 222.

STEWARDSHIP 2024

BELIEVE, BELONG, BE LOVED



Make your pledge online at
annunciationsac.org/stewardship
or return a pledge card to the Church Office



October 13-20

Sunday, October 13	Sunday of the 7th Ecumenical Council 9:00am Orthros, 10:00am Divine Liturgy Chicken Dinners To-Go - In Support of IOCC's Hurricane Milton Relief
Tuesday, October 15	6:00pm Youth Volleyball Practice 7:00pm Young Adult & Adult Volleyball Practice
Wednesday, October 16	6:00pm Youth Volleyball Practice 7:00pm Young Adult & Adult Volleyball Practice
Thursday, October 17	6:00pm Byzantine Chant
Friday, October 18	St. Nicholas Volleyball Tournament, San Jose
Saturday, October 19	St. Nicholas Volleyball Tournament, San Jose
Sunday, October 20	Sixth Sunday of Luke 9:00am Orthros, 10:00am Divine Liturgy St. Nicholas Volleyball Tournament, San Jose

THE GREEK ORTHODOX CHURCH OF THE ANNUNCIATION

600 Alhambra Blvd. Sacramento, California 95816 (mailing address 616 Alhambra)

OUR MISSION is to bring all people to full maturity in Christ through Worship (Liturgia), Service (Diakonia), Education (Paideia), Witness (Martyria) and Fellowship (Koinonia), guided and united in all things by the One Holy Spirit.

If you are visiting with us this morning, you are most welcome! Please fill out a Visitor's Card in the Narthex. If you have questions about the Orthodox Christian faith, our schedule of services, or becoming a member of the parish, please go to our website at www.annunciationsac.org, or contact the church office to speak with one of the Priests (M-F, 9 am – 3:30 pm, phone (916) 443-2033).

Be sure to visit our bookstore in the Annunciation Hellenic Center (entrance on Alhambra Blvd). The bookstore is open Sundays after Church or call (916) 231-9949 for an appointment.

Rev. Fr. James Retelas, Presiding Priest | frjames@annunciationsac.org
Rev. Fr. Timothy Robinson, Associate Priest | frtimothy@annunciationsac.org

616 Alhambra Blvd. Sacramento, CA 95816
Office: (916) 443-2033 | Office Hours Monday-Friday 9:00am-4:30pm
www.annunciationsac.org